

# The Transportation Safety Program at Rady Children's Hospital- San Diego

## Car Seat Evaluation and Installation Process for Children with Long Term Special Needs

<p><b>Step One:</b> Physical therapist will speak with physician and determine the special needs and therapeutic goals of the child. The physician will provide a hand written prescription for the evaluation.</p>	<p><b>Details:</b> The prescription from the doctor should include:</p> <ul style="list-style-type: none"> <li>• diagnosis,</li> <li>• posture requirements</li> <li>• restriction on any restraints</li> <li>• extra support needed</li> <li>• age and weight of child</li> <li>• discharge date</li> <li>• If child requires wheelchair the same requirements will be needed for this seat.</li> </ul>
<p><b>Step Two:</b> Physical therapist will contact the CPS technician and arrange an appointment with child and family to evaluate the most appropriate type of seat. The type of vehicle, other members of the family and needs of the family will be considered in the seat selection.</p>	<p><b>Details:</b> Once the appropriate seat is determined the physical therapist will order the seat and complete the letter of medical necessity. Physical therapist will contact technician when seat arrives. *we can provide a temporary seat with a \$125.00 Rental Fee.</p>
<p><b>Step Three:</b> The physical therapist will call the CPS technician to schedule an appointment with the parents and child for initial fitting.</p>	<p><b>Details:</b> Physical therapist must be present for initial fitting. We will discuss child needs and requirements. This will occur in PT department</p>
<p><b>Step Four:</b> The same date of the car seat fitting the parents will be educated in the installation of seat in the vehicle.</p>	<p><b>Details:</b> CPS technician will assist parents with installation of the seat and discuss other safety factors such as removal of potential projectiles, seating of other members of the family and never leaving the child alone in the vehicle.</p>
<p><b>Step Five:</b> Follow up</p>	<p><b>Details:</b> Schedule a follow up appointment with technician as needed, determined by PT team. *If seat was provided PT will contact technician to return seat.</p>

Please more information contact the Program Manager, Mary Beth Moran at (858) 576-1700 ext. 3547 or email [mbmoran@rchsd.org](mailto:mbmoran@rchsd.org)